

Managing your medicines

Regular medication reviews are necessary to ensure that you are prescribed the appropriate medication safely with the necessary monitoring such as blood tests. This form is to help you prepare for your medication review at your GP surgery or community pharmacy and to help you think about whether there is anything about your current medication that you wish to discuss.

Do you know why you take each of your medications?	
Do you take your medications as they are prescribed in terms of dose and frequency?	
Do you struggle to take any of your medications, such as have difficulty swallowing them or with the timing of any doses?	
Do any of your medications give you any side effects?	
Do you take any additional medications/ supplements/ herbal remedies not prescribed by your GP or pharmacist? If so, please list	
Do you wish to discuss stopping any medication with your GP or pharmacist? You may feel that you no longer need them, they do not work or you are experiencing side effects from them.	
Are there any medications listed on your repeat prescription which you no longer take?	
Is there anything else you want to discuss with your GP or pharmacist in relation to your medication?	

