

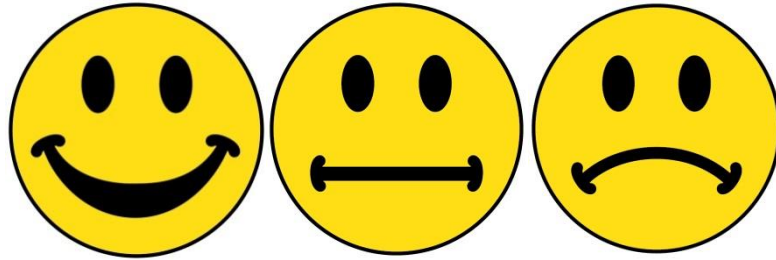
# How are things today?

It's OK to say

We would really like you to tell us how you are feeling so we can keep you as healthy as possible and let others know if extra support is needed

## RESIDENT AND FAMILY

1. Are you "off" your food? And are you drinking enough?



2. Are you in any discomfort or pain?



3. Are you walking / moving as usual?



4. Is anything different from yesterday?



**It's OK to tell us how you feel**

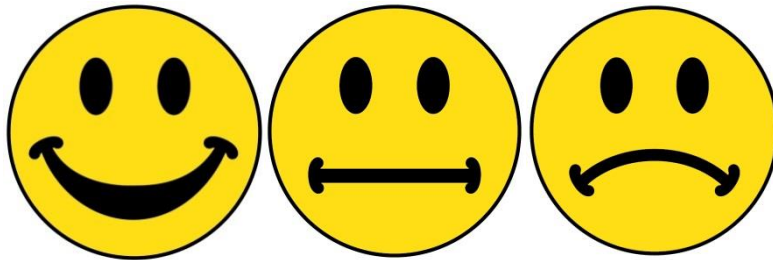
# How are things today?

It's OK to say

Asking residents how they are feeling may give you an early indication of deterioration, asking the four questions below when you interact with residents will give residents the opportunity to tell you something is wrong

## NURSES AND CARERS

1. How are you feeling today?



2. Did you enjoy your meal?



3. Do you have any discomfort or pain?



4. Are you moving as usual? Is there anything different from yesterday?



**It's OK to tell us how you feel**