

# ***Basingstoke, Southampton and Winchester***

## ***District Prescribing Committee (DPC)***

### **Recommendations of the meeting of 13<sup>th</sup> December 2016**

#### **Supported or limited support e.g. Specialist recommendation**

- **Concentrated Insulins** – The three concentrated insulins listed below were approved for use in patients who require high doses of insulin at a low injection volume. They should be classified as Amber drugs and can be prescribed following recommendation by a specialist.

Insulin Lispro 200ui/ml concentrated rapid acting (**Humalog® U200**)

Insulin Degludec 200ui/ml concentrated ultra-long acting (**Tresiba® U200**)

Insulin Glargine 300ui/ml concentrated long acting (**Toujeo® U300**)

- **Ciclesonide inhaler (Alvesco®)** – the DPC supported the use of ciclesonide but restricted its use to adult patients with severe asthma symptoms experiencing sub-optimal control (to be assessed in respiratory clinic using fractional exhaled NO test) or intolerable adverse effects with their current ICS regimen, despite good inhaler technique. Although outside product licence, ciclesonide may be used in combination with other ICS or ICS/LABA inhalers as a strategy to achieve maximal ICS doses with use of fewer doses than would be required with other inhalers, and with the aim of preventing or minimising use of oral corticosteroids or other systemic therapies. The intention for ciclesonide as combination therapy should be made clear in clinic letters to GPs. It should be reserved for specialist initiation only and classified as an Amber drug.
- **Pancrex V oral powder**– supported for use in patients who require supplementation of pancreatin and who have an enteral feeding tube.
- **Sodium Hyaluronate 0.4% eye drops (Clinitas®)** - supported for use within the dry eye guidelines as an option for those patients who do not respond to the lower strength (0.2%).
- **Stiripentol capsules and powder (Diacomit®)** – the DPC approved the use of stiripentol to be used as adjunctive therapy of refractory generalized tonic-clonic seizures in patients with severe myoclonic epilepsy in infancy (SMEI, Dravet's syndrome) whose seizures are not adequately controlled with clobazam and valproate. It now has a UK product license and should be classified as an Amber drug.
- **Lecicarbon A suppository**– supported for use as a second line treatment in the management of constipation where the main problem is poor rectal evacuation or infrequent passage of stools.

#### **Other Information / Clarification**

- **Choice of Blood Glucose Meters, Testing Strips, Lancets, Needles in Adults** – This updated list of recommendations was approved for use and is available on the guidelines section of the West Hampshire CCG website, see link below
- **Near Patient testing Regular Blood Monitoring** – This document was approved by the Hampshire Medicines Safety Group and is available on the guidelines section of the West Hampshire CCG website, see link below
- **GP tutorial giving information on concentrated Insulins** – This has been developed and will be circulated via usual routes. Insulin Human 500ui/ml concentrated rapid acting (**Humulin® R U500**) should remain Non-formulary under specialist care services for particularly insulin resistant patients but prescribing must also be retained by specialist services.
- **Alfacalcidol and calcitriol preparations** – should be reclassified from Green to Amber. Alfacalcidol capsules were supported for use alongside the liquid preparation.
- Clarification of recommendations from meeting dated 11<sup>th</sup> October 2016 - Midazolam *injection* – this is now recommended to be classified as Green for use in palliative care. Remains red for all other indications.

<http://www.westhampshireccg.nhs.uk/downloads/categories/medicines/guidance>