

## ***Basingstoke, Southampton and Winchester***

### ***District Prescribing Committee (DPC)***

**Recommendations of the meeting of 10<sup>th</sup> June 2014**

#### **New local guidance**

- The new **Diabetes Stepped Approach Guidance** was approved for use and will be issued shortly. It details first, second, third and fourth line stages of treatment, with a recommendation for reviews every 3 to 6 months to optimise, adjust or discontinue treatments as appropriate.
- Guidance on the **use of Biologic Agents for the Treatment of Crohn's Disease** (information in addition to NICE) was approved.
- Local guidelines are available at:  
[http://www.westhampshireccg.nhs.uk/documents/cat\\_view/84-medicines/92-guidance-](http://www.westhampshireccg.nhs.uk/documents/cat_view/84-medicines/92-guidance-)

#### **Supported or limited support e.g. Specialist recommendation**

- **Dapagliflozin a SGLT2 inhibitor** was recommended as suitable for prescribing by all, in both primary and secondary care.
- **Alimemazine** was supported for use in a niche area for the treatment of children with severe behavioural insomnia by specialist recommendation. The DPC recommended clear guidance from specialist to GPs, as per the GMC prescribing guidance. A summary shared care guideline would be produced as soon as possible.
- **Evra patches® (Ethinylestradiol/ norelgestromin in a transdermal patch) as a third line combined hormonal contraceptive.** This was supported as an option where other methods had failed and where an alternative route may offer advantages. For specialist initiation only.
- **Zoely® for oral contraception** (estradiol / nomegestrol) in an "every day" tablet preparation was supported for 3<sup>rd</sup> line use in cases where heavy bleeding was troublesome. For initiation by specialist only.

#### **Reminders - not supported currently**

- **Indacaterol for inhalation (Onbrez Breezhaler<sup>R</sup>) for COPD.** This long acting B<sub>2</sub>-agonist (LABA), available as capsules for inhalation, is not supported for inclusion in local formularies currently.

**Summarised on behalf of the District Prescribing Committee by  
Liz Bere & Sue Wakelin (Southampton City CCG) 26.06.14**