

Basingstoke, Southampton and Winchester

District Prescribing Committee (DPC)

Recommendations of the meeting of 9th August 2016

Supported or limited support e.g. Specialist recommendation

- **Ferric Maltol (Feraccru®)**- This oral preparation for iron deficiency anaemia in patients with inflammatory bowel disease was supported for use locally. For specialist use only and should be classed as a RED drug.
- **Calcipotriol and betamethasone cutaneous foam (Enstilar ®)** - This was supported for use locally for the topical treatment of plaque psoriasis in adults. It offers an alternative vehicle to Dovobet® gel or ointment for this indication.
- **Paliperidone palmitate (Trevicta®) prolonged release suspension for injection** – This 3 monthly injection was supported for use for maintenance treatment of schizophrenia in adults who have been clinically stable on 1 monthly paliperidone injection.

Not supported

- **Guanfacine (Intuniv®) prolonged release tablets for the treatment of ADHD in children and adolescents 6-17 years old in whom stimulants are not suitable, not tolerated or have been shown to be ineffective-** the DPC did not support the use of this locally as there is a lack of meaningful clinical data to suggest it has benefits over currently available therapies. Sussex Partnership Trust may decide to use in exceptional circumstances and will monitor outcomes.

Other Information / Reminders

- **Liothyronine (L-T3)** – DPC noted local use of liothyronine continues and with the cost escalating wishes to remind prescribers of The British Thyroid Association Statement on the Management of Primary Hypothyroidism (2015). Local specialists support this statement.

Two key points are

- Levothyroxine (L-T4)/ Liothyronine (L-T3) combination therapy in patients with hypothyroidism should not be used routinely, as there is insufficient evidence to show that combination therapy is superior to L-T4 monotherapy.
- There is no convincing evidence to support routine use of thyroid extracts, L-T3 monotherapy, compounded thyroid hormones, iodine containing preparations, dietary supplementation and over the counter preparations in the management of hypothyroidism.

➤ DPC summaries are available at:

<http://www.westhampshireccg.nhs.uk/downloads/categories/medicines/district-prescribing-committee>

➤ Guidance documents are available at:

<http://www.westhampshireccg.nhs.uk/downloads/categories/medicines/guidance>