

Basingstoke, Southampton and Winchester

District Prescribing Committee (DPC)

Recommendations of the meeting of 11th February 2014

Supported or limited support, e.g. specialist recommendation

- **Sodium hyaluronate (Hyacyst) bladder instillation for interstitial cystitis/painful bladder syndrome**- local specialist use is supported for a small number of cases when other treatment options have failed. This provides an alternative to more invasive or expensive procedures such as botulinum toxin or surgery.
- **Tamsulosin and Solifenacin combination- (Vesomni®)**. The DPC supported niche use for this product only in men who are stabilised on both individual medicines. In these cases there is a small cost saving by prescribing the combination product. A reminder that NICE have recommended different products in women with urinary incontinence (see NICE Clinical Guideline 171 for details)
- **Perampanel (Fycompa®), new oral medication for adjunctive treatment of partial seizures in over 12's**- supported for initiation by tertiary care specialists only, for patients refractory to other treatments. Prescribing should be retained by the specialist until the patient is stabilised.

Not supported currently

- **Co-enzyme Q10 in severe hyperlipidaemia**- The DPC did not support local prescribing of Co-enzyme Q10 due to lack of evidence of efficacy. Patients may however choose to purchase this product as a food supplement over-the-counter.

Information/Reminders/Updates/Safety Messages/NICE

- **Apomorphine in severe Parkinsons disease** - a reminder that this highly specialist medication will be reserved for prescribing by specialists locally for new patients from henceforth (i.e 'red'). Small numbers of existing patients will be transferred back to specialist care, including future prescribing and supply of apomorphine, in a managed way.
- **Dapoxetine use in premature ejaculation (PE)** - a reminder that the DPC has not routinely supported GP prescribing of this product. Specialist recommendation may be reasonable. When depression co-exists with PE (as is often the case) there is some experience of safe and successful 'off-label' GP prescribing of certain SSRIs.
- **Memantine shared care guidelines**- updated guidelines from Southern Health NHSFT were noted and are now included on their website. There is also an abridged GP summary now available. <http://www.southernhealth.nhs.uk/knowledge/medicines-management/policies/>
- **Abuse and diversion risks with pregabalin and gabapentin**- Joint guidance for primary care from Southern Health NHS FT and Solent NHS Trust was shared for information.
- **Guidelines for Treatment of Primary Insomnia in adults**- updated Southern Health NHS FT guidelines were noted, along with an accompanying sleep hygiene leaflet for patients. <http://www.southernhealth.nhs.uk/knowledge/medicines-management/policies/>
- **Melatonin product update, availability and price**- The DPC noted updated product advice from Solent NHS Trust CAMHS team in conjunction with Southampton City CCG medicines management team.

Summarised on behalf of the District Prescribing Committee.

Julia Bowey (Southampton City CCG) 18.02.14