

Items that should not be routinely prescribed in primary care

NHS England guidance recommends that the following medicines or treatments should not be prescribed any more in primary care or should only be prescribed in special circumstances.

Medicine/treatment	No new patients	Stop existing supply	Review patients	MDT input likely to be required	Switch to alternative preparation
Co-proxamol	✓		✓		✓
Dosulepin	✓		✓	✓	✓
Doxazosin MR	✓		✓		✓
Fentanyl IR	✓		✓	✓	✓
Glucosamine and Chondroitin	✓	✓			
Herbal treatments	✓	✓			
Homeopathy	✓	✓			
Lidocaine plasters	✓		✓	✓	✓
Liothyronine	✓		✓	✓	✓
Lutein and antioxidants	✓	✓			
Omega 3 fatty acids	✓	✓			
Oxycodone and naloxone combination	✓		✓	✓	✓
Paracetamol and tramadol combination	✓		✓		✓
Perindopril arginine	✓		✓		✓
Rubefacients*	✓	✓			
Tadalafil once daily	✓		✓		✓
Trimipramine	✓		✓	✓	✓

*Not including non-steroidal anti-inflammatory drugs