

Sayana® Press Injectable Contraception Assessment Form

Scan copy into patients notes

Patient name.....GP.....

For completion by Health Professional/Clinician

- Does not meet Criteria for Exclusion
- I have assessed the likelihood of pregnancy
- The patient has consented to self-administer
- The patient is aware of the possible side effects and when to seek medical advice
- I have witnessed the patient self-administering and I am confident in her competence to do so
- Patient has given her own Sayana® Press injection safely and correctly in:
(Please select the area where the injection technique was demonstrated)
 - Abdomen
 - Anterior right thigh
 - Anterior left thigh
- Patient eligibility card signed (card administered to patient with details of when contraceptive due)
- I have provided a purple lidded sharps bin and advised of local collection /disposal arrangements

Patient Checklist

I understand that the injection can be given by my doctor or nurse, or I can be taught how to inject myself.

- I have chosen to learn how to inject myself
- I am using an effective method of contraception and haven't had any problems (e.g burst condom, missed pills, Depo injection overdue). I have not had unprotected sex (or used withdrawal) in the last 3 weeks. I understand that it is not safe to get the Sayana® Press injection if I might be pregnant.
- I understand that I need one injection every 13 weeks and have been provided with post-dated or repeat prescriptions (if self-administering)
- I have read the information about Sayana® Press on sayanaanswers.co.uk or in the Sayana® Press leaflet 'One injection every 13 weeks' or I have discussed Sayana® Press with the doctor/nurse today
- The benefits of Sayana® Press and the possible side effects have been explained to me including efficacy
- I am aware that I can set mobile phone reminders if I need to be reminded when my next dose is due via Sayana® Press website (www.sayanaanswers.co.uk)

I will contact the surgery if I have any worries about injecting, particularly:

- Very painful or longer-lasting reactions at the injection site
- If I am worried I may not have given the injection correctly
- If it has been more than 14 weeks since my last injection
- If I have changed my mind and don't want to give the injection myself
- Any other concerns I may have
- I understand that as many as 1 in 10 Sayana® Press users report changes at the injection site. This includes short lived soreness or redness as well as longer-lived pain, tenderness, small lumps or dimpling.

Patient has been supplied with a small sharps box and understands the need to put Sayana® Press needles straight into the box after injection used. She understands how the sharps box opens and closes. I have stressed the importance of keeping used sharps in this safe box until collected by the local collection/disposal organisation. I have stressed that used needles must not be put into domestic waste disposal collections whether in the sharps box or not.

Patient has a Sayana® Press leaflet to remind her of the steps for safe injection at home.
For more information visit: www.sayanaanswers.co.uk

Sayana® Press SPC: www.medicines.org.uk/emc/product/3148
Sayana® Press PIL: <https://www.medicines.org.uk/emc/product/3148>

Important note: Sayana® Press does not protect against HIV or other Sexually Transmitted Infections (STIs) – discuss sexual health needs and provide condoms if appropriate.

Name _____ Date _____

Job Title _____