

# **Stoma Care Formulary Accessories**

**May 2018**

## Introduction

Solent NHS Trust Specialist Stoma Care Service is commissioned to provide a community based service to patients within Southampton City CCG alongside patients within the south west region of West Hampshire CCG **excluding** Ringwood, Fordingbridge, North Eastleigh but **including** some areas formally covered by Test Valley PCT (Test Valley South, including Romsey Town, Eastleigh South, including Netley, Hamble, Hedge End, West End)

The aim of the stoma care formulary is to be a working document with input from Solent NHS trust stoma care team and medicines management teams. The formulary will continue to be reviewed on a yearly basis with the current and new products being evaluated in terms of clinical effectiveness and cost.

**PLEASE REFER TO [snhs.enquiriesstomacare@nhs.net](mailto:snhs.enquiriesstomacare@nhs.net) IF YOU WOULD LIKE US TO PROVIDE A CLINICAL AND PRODUCT REVIEW FOR YOUR PATIENTS**

The purpose of the formulary is to provide a list of stoma care accessories which should be selected for approximately 90% of prescribing in this area. The list has been developed based on the current evidence available on stoma care accessory products. There may be occasion when a formulary item is not effective. Therefore a non-formulary item will be prescribed. It is strongly recommended that the stoma care team review patients on non-formulary products. (See appendix 1 for contact details and 2 for patient pathway.)

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If you have any queries regarding the stoma care formulary, please contact a member of the stoma care team on 0300 123 3910.

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## 1)ADHESIVE DISCS/RINGS/PADS/PLASTERS

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Flange extenders  Hydrocolloid based flange extenders reduces the risk of the development of other peristomal skin problems. (Smith et al, 2007)	Salts Flange Extender	SPH1	1 pack = 30	£12.38	<p><b>Rationale:</b> to increase wear time in the ileostomy, urostomy or colostomy patient. Also protects edges of flange from disintegration which may occur in hot weather and swimming.</p> <p><b>Indications for use:</b> may be considered if large area of appliance needs to be cut due to size of stoma, or uneven anatomy at edge of flange. May be particularly useful in the management of parastomal hernias.</p> <p><b>Amount needed for 1 months supply:</b>  <b>maximum</b> 3 flange extenders required for each appliance change = 3 packs.                      In some cases may be used singularly for a problematic area</p>

## 2) ADHESIVE REMOVER

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Spray adhesive flange remover including deodorant fragrance	Salts Adhesive Remover Spray	WAP	1 Bottle = 50 mls	£6.68	<p><b>Rationale:</b> to aid removal of the adhesive flange preventing damage to the skin from constant stripping of the epidermis, associated problems of pain and altered barrier function (Cutting, 2006).</p> <p><b>Amount per appliance change:</b> 1 bottle per 30 bags or baseplates/flanges</p>

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Adhesive flange remover - Sachets	Salts Adhesive Remover Wipes	WAP2	Sachets x 30	£8.72	<p><b>Rationale:</b> to aid removal of the adhesive flange preventing damage to the skin from constant stripping of the epidermis, associated problems of pain and altered barrier function (Cutting, 2006).</p> <p><b>Indications for use:</b> If patient is unable to activate the spray bottle</p> <p><b>Amount per appliance change:</b> 1 box per 30 bags or baseplates/flanges</p>

### 3) APPLIANCE BELTS

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Belt	Convatec System 2 Ostomy belt	S210	1 belt	£3.57	<p><b>Rationale:</b> to be used in conjunction with a convexity appliance to increase wear time and to prevent skin excoriation.</p> <p><b>Indications for use:</b> may be considered as an addition to a convexity appliance to prevent leakage and excoriated skin for a number of reasons such as retraction, scarring, uneven anatomy, stenosis.</p> <p><b>Amount needed:</b> 1 belt for first order, then 1 belt every 3 months (belts can be washed)</p>

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Belt	Coloplast Ltd Coloplast Brava Belt XL (150cms)	0422	1 belt	£6.91	<p><b>Rationale:</b> to be used in conjunction with a convexity appliance to increase wear time and to prevent skin excoriation.</p> <p><b>Indications for use:</b> as above but patient requires a large length in belt.</p> <p><b>Amount needed:</b> 1 belt for first order, then 1 belt every 3 months (belts can be washed).</p>

N.B the belts below are compatible with the coloplast mio convex appliance.

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Belt	Coloplast Ltd Coloplast Mio Belt XXL (150cms)	0424	1 belt	£6.97	<p><b>Rationale:</b> to be used in conjunction with a convexity appliance to increase wear time and to prevent skin excoriation.</p> <p><b>Indications for use:</b> As above but for patients using a coloplast mio convex appliance.</p> <p><b>Amount needed:</b> 1 belt for first order, then 1 belt every 3 months (belts can be washed).</p>
	Coloplast Mio Belt Standard (150cms)	0423			

## 4) SUPPORT GARMENTS

N.B Stoma care review to include discussion regarding most appropriate garment. We recommend belts rather than underwear if a patient prefers underwear then we would still recommend 2 per year and the patient can purchase more if they require. Other types of belts or underwear that do not have the support required for preventing a hernia or supporting a hernia we recommend that the patient purchases supportive underwear from clothing retail shops or from specialist ostomy companies.

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Supportive parastomal hernia belt.	Hi Line  <b>EZ-Wrap Unisex Hernia Support Belts</b>	Unisex  RES 11b - 15cms RES 11a - 20cms RES 11 – 26 cms	1 garment 1 garment 1 garment	£46.28 £49.36 £52.45	<b>Rationale:</b> to provide support to parastomal hernia, relieving symptoms such as pain, discomfort and preventing an increase in size. To prevent a parastomal hernia in patients with multiple risk factors <b>Indications for use:</b> Evidence of parastomal hernia or for patients with multiple risk factors. <b>Amount needed:</b> Initially one garment to ensure fit, comfort and concordance then 1 more. 2 belts per year <b><u>Review by CNS stoma care when additional belts required.</u></b>



<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Supportive parastomal hernia belt.	AMI Medical  SuportX easy peel belt (Breathable Easy Peel)	Unisex			<b>Rationale:</b> to provide support to parastomal hernia, relieving symptoms such as pain, discomfort and preventing an increase in size. To prevent a parastomal hernia in patients with multiple risk factors <b>Indications for use:</b> Evidence of parastomal hernia or for patients with multiple risk factors. <b>Amount needed:</b> Initially one garment to ensure fit, comfort and concordance then 1 more. 2 belts per year <b>Review by CNS stoma care when additional belts required.</b>
		SPX543W - SPX547W 15cms	1 garment	£55.26	
		SPX553W – SPX559W 20cms	1 garment	£60.14	
		SPX565W – SPX569W 26cms	1 garment	£64.15	

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Supportive parastomal hernia belt.	AMI Medical  SuportX Tube Belt	Unisex			<b>Rationale:</b> to provide support to parastomal hernia, relieving symptoms such as pain, discomfort and preventing an increase in size. To prevent a parastomal hernia in patients with multiple risk factors <b>Indications for use:</b> Evidence of parastomal hernia or for patients with multiple risk factors. <b>Amount needed</b> Initially one garment to ensure fit, comfort and concordance then 1 more. 2 belts per year <b>Review by CNS stoma care when additional belts required.</b>
		SPX573W – SPX577W 15cms	1 garment	£44.30	
		SPX583W – SPX589W 20cms	1 garment	£45.46	
		SPX595W – SPX599W 26cms	1 garment	£47.68	

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Supportive parastomal hernia belt.	AMI Medical	Unisex			<b>Rationale:</b> to provide support to parastomal hernia, relieving symptoms such as pain, discomfort and preventing an increase in size. To prevent a parastomal hernia in patients with multiple risk factors <b>Indications for use:</b> Evidence of parastomal hernia or for patients with multiple risk factors. Bespoke belt fitting by a qualified fitter from AMI for complex cases, arranged by CNS - stoma care . <b>Amount needed:</b> Initially one garment to ensure fit, comfort and concordance then 1 more. 2 belts per year <b><u>Review by CNS - stoma care when additional belts required.</u></b>
Bespoke belt fitting by a qualified fitter from AMI for complex cases, arranged by Stoma Care Nurse.	Bespoke for complex cases	20cms	1 garment	£55.88	
	Easy Peel	26cms	1 garment	£61.43	

### Definition

“A parastomal hernia is a bulging of peristomal skin which is caused by loops of bowel through the fascia around the stoma and into the subcutaneous tissue”. (Rolstad et al, 1996)

### Incidence

Studies reveal an incidence of 20-50% (Thompson M.J, 2008) Treatment is based on management of problems or symptoms associated with a parastomal hernia rather than prevention. A study by Thompson (2008) has shown a significant reduction in the incidence of parastomal hernia by the implementation of a prevention program, which includes wearing a belt or girdle when lifting or heavy work, for at least 1 year following surgery. Risk factors include; co morbidities, BMI, age, smoking, manual work

## 5) Discharge solidifying agents

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Stool thickner  N.B Samples should be provided initially by stoma care for 1 month to ensure effectiveness and patient usage	Ostomart LTD  Ostosorb gel 3g	PFW5	30 sachets	£9.97	<b>Rationale:</b> To thicken ileostomy output reducing frequency for emptying appliance and making output more manageable for patient. In some circumstances it may prevent leakage. <b>Indications for use:</b> High liquid ileostomy output. <b>Amount needed for 1 months supply:</b> 1 pack for 1 months supply

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Stool thickner  N.B Samples should be provided initially by stoma care for 1 month to ensure effectiveness and patient usage	Ostomart LTD Ostosorb	PFW6	150 sachets	£41.81	<b>Rationale:</b> To thicken ileostomy output reducing frequency for emptying appliance and making output more manageable for patient. In some circumstances it may prevent leakage. <b>Indications for use:</b> High liquid ileostomy output. <b>Amount needed for 1 months supply:</b> 1 pack for 3 months supply

## 6) Irrigation/wash-out appliances

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Irrigation equipment	Coloplast LTD				<b>Rationale:</b> Contains the water for irrigation. <b>Indications for use:</b> Irrigation for colostomy patients. <b>Amount required:</b> 1 per 6 months 1 per 6 months 1 per 2-3 years 1 month if irrigating daily, 2 months if irrigating every 48 hours
	Irrigator bag	1511	1	£14.74	
	Colotip	1110	1	£7.79	
	Pressure plate 60mm	12820	5	£36.15	
	Disposable sleeve 60mm	12836	30	£40.02	

N.B Irrigation is a technique of washing out the bowel in order to regulate bowel habit. It allows the patient to have a 'continent stoma' for long periods of 24-48 hours following the procedure allowing the patient to wear a discrete stoma cap over the stoma in between irrigation. It is offered to patients with an end permanent colostomy who are able to irrigate. Patients may opt to irrigate for psychological reasons to improve quality of life.

## 7) Skin fillers and protectives

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Protective paste	Convatec Ltd  Orobace paste	S103	1 tube - 30g	£2.16	<b>Rationale:</b> A protective paste for peristomal or mucosal ulceration or for mucotaneous separation. <b>Indications for use:</b> Peristomal, mucosal ulcerations or mucotaneous separation. <b>Amount needed for 1 months supply:</b> 1 tube – <u>not for long term use</u>

Orobace paste adheres to mucus membranes and to raw weeping areas forming a protective layer which prevent further damage from urine and faecal contact, allowing healing to take place.

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Filler/Stoma paste  N.b Contains alcohol	Convatec Ltd  Stomahesive paste	S105	1 tube - 60g	£7.79	<b>Rationale:</b> To prevent leakage ( increasing wear time) of appliance by acting as a filler to creases or providing extra reinforcement to appliance hydrocolloid. <b>Indications for use:</b> Generally ileostomy, or urostomy patients, may also be used for colostomy patient if using a 2-piece. <b>Amount needed for 1 months supply:</b> 1 tube.

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Filler/Stoma paste  N.B. Does not contain alcohol	Coloplast Ltd  Brava paste	12050	1 tube – 60g	£6.47	<b>Rationale:</b> To prevent leakage ( increasing wear time) of appliance by acting as a filler to creases or providing extra reinforcement to appliance hydrocolloid. <b>Indications for use:</b> Generally ileostomy, or urostomy patients, may also be used for colostomy patient if using a 2-piece. <b>Amount needed for 1 months supply:</b> 1 tube

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Protective powder	Convatec Ltd  Orohesive powder	S106	1 box - 25g	£2.50	<b>Rationale:</b> A protective powder can be used to dry wet excoriated or macerated skin. <b>Indications for use:</b> Patients with sore and excoriated skin may need powder due to poorly fitting template/pouch, which maybe during the first 6 weeks or at any other time when issues with weight gain or loss can cause a change in template size. Protective powder can be used where recurrent leaks cause persistently sore skin. It is also useful in the management of patients with mucocutaneous separation. <b>Amount needed for 1 months supply:</b> 1 bottle – <u>not usually for long term use.</u>

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Hydrocolloid seals	Salts Healthcare Ltd Salts Aloe Rings	SAR 25 SAR 32 SAR 38 SAR 45	30	£36.35	<p><b>Rationale:</b> To prevent leakage ( increasing wear time) of appliance by acting as a filler to creases or providing extra reinforcement to appliance hydrocolloid.</p> <p><b>Indications for use:</b> Ileostomy, colostomy or urostomy patients. For high output stomas with a corrosive output, (temporary initially) for a stoma which changes considerably in size throughout the day resulting in sore skin, as often a larger template in the pouch is required yet the skin needs to be protected. (A soft convex pouch should be considered rather than a ring as is more cost effective).</p> <p><b>Amount needed for 1 months supply:</b> 1 box per 30 bags or baseplates/flanges</p>

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Hydrocolloid seals	Hollister Ltd  Large adapt barrier rings (98mm)	7806	10	£22.93	<p><b>Rationale:</b> To prevent leakage ( increasing wear time) of appliance by acting as a filler to creases or providing extra reinforcement to appliance hydrocolloid.</p> <p><b>Indications for use:</b> Ileostomy, colostomy or urostomy patients. For high output stomas with a corrosive output, (temporary initially) for a stoma which changes considerably in size throughout the day resulting in sore skin, as often a larger template in the pouch is required yet the skin needs to be protected. (A soft convex pouch should be considered rather than a ring as is more cost effective).</p> <p><b>Amount needed for 1 months supply:</b> 3 boxes per 30 bags or baseplates</p>



## 8) Skin Protectors

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Non-sting barrier film	Salts Healthcare Peri-prep sensitive	PPS1	1 box = 30 sachets	£16.04	<p><b>Rationale:</b> Non sting barrier film which protects against faecal or urinary contact dermatitis. Protects fragile or at risk skin from constant stripping of adhesive.</p> <p><b>Indications for use:</b> Patients with an ileostomy, colostomy or urostomy with maceration or significant erythema following removal of adhesive.</p> <p><b>Amount needed for 1 months supply:</b> 1 box per 30 bags or baseplates</p> <p><b><u>May not be for regular or long term use and should be reassessed by CNS stoma care</u></b></p>

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Barrier Creams	Coloplast LTD – Comfeel	4720	60g	£4.99	<p><b>Rationale:</b> To moisturise and protect dry, flaky peristomal skin.</p> <p><b>Indications for use:</b> If the peristomal skin is dry and flaky a cream can be used to moisturise and protect.</p> <p><b>Amount needed:</b>  1 tube for 2 months for an ileostomy and urostomy  1 tube per month for a colostomy patient.</p>
	<b>OR</b> OstoMart LTD – OstoGuard	RMC1	60g	£4.99	

## 9)Stoma Caps

<u>Product Type</u>	<u>Product Name</u>	<u>Order code</u>	<u>Pack Size</u>	<u>Drug Tariff</u>	<u>Comments</u>
Stoma cap	Oakmed				<p><b>Rationale:</b> Applied over mucus fistula and over colostomies when patients irrigate.</p> <p><b>Indications for use:</b> Patients with an inactive stoma such as a mucus fistula or colostomy following irrigation. May also be worn by patients with a colostomy during intimate moments.</p> <p><b>Amount needed:</b> 1 box for 3 months</p>
	Option stoma cap with Filter 20-50mm	1420K	50	£64.01	
	Option stoma cap without Filter 20-50mm	1520K	50	£62.91	
	Option stoma cap mini 20-40mm	1120K	50	£62.91	
	Dansac Ltd Nova mini Cap 20-50mm	829-20	30	£40.45	<p>This is an alternative cap which has a larger adhesive area which may be more effective for patients with uneven anatomy or a larger amount of leakage from mucus, reducing the number of caps that have to be used.</p> <p><b>Amount needed:</b> 1 box for 2 months</p>

## **Appendix 1**

### **Contact Details for Referral**

To refer to the Stoma Care Team please send a letter or email to:

Stoma Care Department

1<sup>st</sup> Floor

Bitterne Health Centre

Commercial Street

Southampton

SO18 6BT

D/L – 0300 1233910

Email – [snhs.enquiriesstomacare@nhs.net](mailto:snhs.enquiriesstomacare@nhs.net)

#### **Clinics:**

Bitterne Health Centre – Monday, Wednesday, Friday

Adelaide Health Centre- Thursday

Lordshill Medical Centre - Wednesday

Hythe Hospital – Tuesday and Thursday

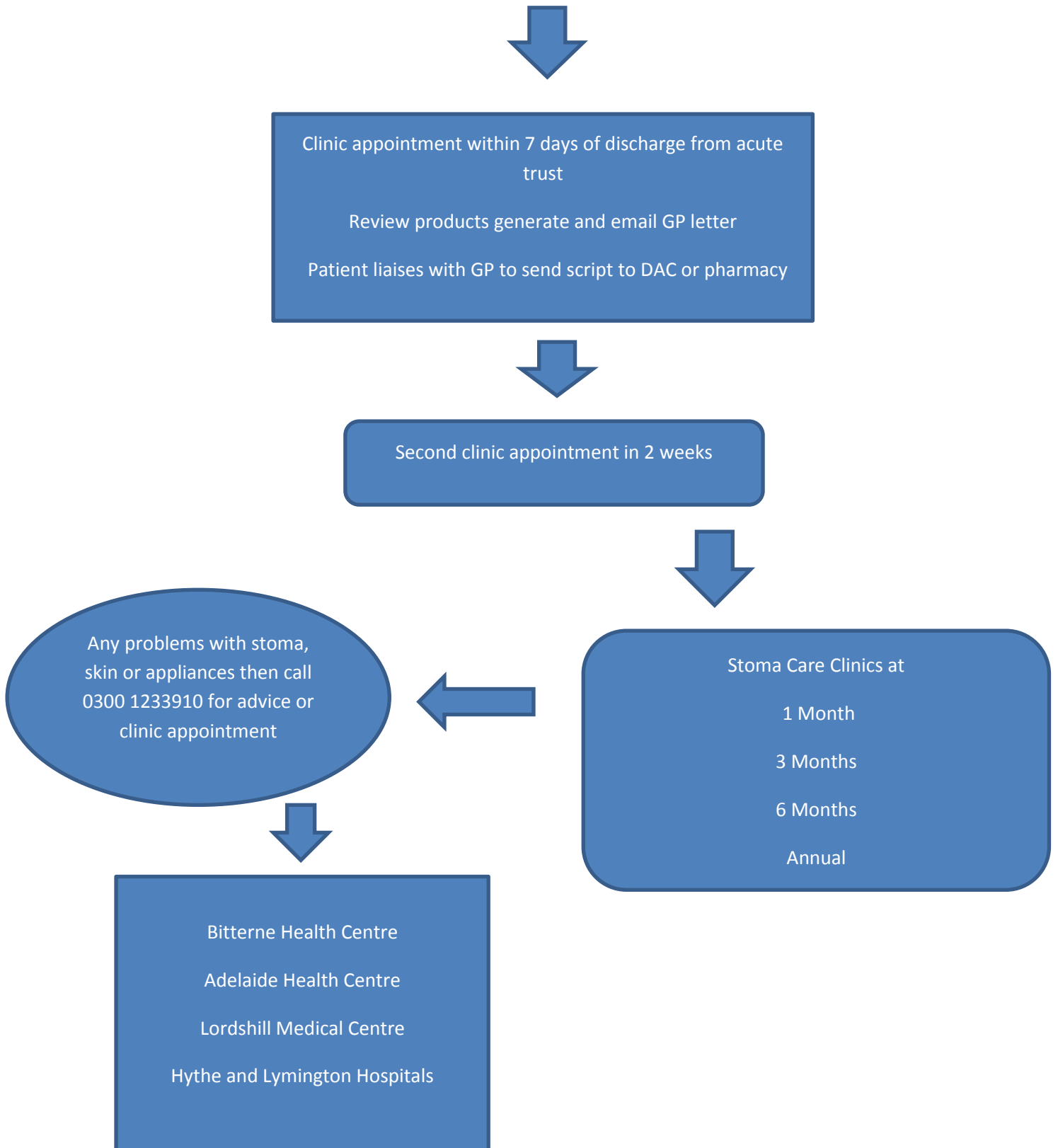
Lymington Hospital- Wednesday

#### **Home Visits**

Home Visits are carried out on a Tuesday for those patients who meet the criteria. (Housebound)

## Appendix 2

### Patient Pathway for Patients with a Stoma in the Community



## Appendix 3

### References

- 1) Smith,R.J.M., Sica,J.,Primett,C.(2007) A study of the cost effectiveness of flange extenders (in press), *Proceedings of the European conference of Enterostomal Therapists*, Salzburg, Austria.
- 2) Roudini,C.(2008) A service evaluation of the use of silicone based adhesive remover. *British Journal Of Nursing*, (Stoma Care Supplement) Vol 17, No 2
- 3) Cutting,K.J.(2006) Silicone and Skin Adhesives. *Community Nurse*,20(11):pg 36-37
- 4) Rolstad,B., Boarini,N.(1996) Principles and techniques in the use of convexity. *Ostomy and wound management*,42(1):p24-26 and 28-32.
- 5) Thompson,M.J.(2008) Parastomal Hernia:incidence,prevention and treatment stratagies. *British Journal of Nursing*, (Stoma Care Supplement). 17(2)
- 6) Grove,G.L, Leyden,J.J.(1993) Comparison of the skin protectant properties of variousfilm forming products,3M data on file.